

Certification Course in Gastroenterology Practices

For primary care physicians

Upskill for confident OPD decision-making in
GI, liver, biliary, and pancreatic disorders

Programme at a glance

- Three-month, flexible, self-paced e-learning course | 2 hours of study per week.
- 6 units | 34 modules
- Delivered through a blend of text-based learning and engaging video lessons
- Covers real-world presentations such as dysphagia, GI bleeding, jaundice, diarrhoea, and abnormal LFTs
- Includes a distinct emphasis on preventive aspects of gastroenterology
- Optional 2-day **observership at AIIMS Rishikesh**, including imaging and endoscopy exposure

Course Directors

Dr Rohit Gupta



Dr Rohit Gupta is professor of gastroenterology at AIIMS Rishikesh, India, with over 15 years of experience in clinical practice, teaching, and research. He has authored around 70 peer-reviewed publications. He completed his MBBS from AMU Aligarh, and MD and DM from PGIMER Chandigarh. His interests include MASLD, viral hepatitis, GI nutrition, and AI applications in gastroenterology and hepatology.

Dr. Kieran Walsh



Dr Kieran Walsh is Clinical Director, BMJ Learning & BMJ Best Practice at BMJ Group. He is the clinical lead of the medical education and clinical decision support products at BMJ. He has a vast amount of experience in online medical education, clinical decision support, face-to-face delivery of medical education, and both summative and formative assessment.

Academic Moderator

Dr Ajeet Singh Bhadoria



Dr Ajeet Singh Bhadoria is additional professor, department of community and family medicine, AIIMS Rishikesh, and visiting professor at the University of South Wales (UK) and Osh State University, Kyrgyzstan. He has contributed to four WHO viral hepatitis guidelines and authored over 150 publications, including in The Lancet, and has played a key role in India's National Viral Hepatitis Control Program.

Why take this course?



Trusted academic collaboration

- Co-created by BMJ Group, publisher of *The BMJ* (since 1840)
- Academic leadership from AIIMS Rishikesh, one of India's premier national-standard tertiary and referral institutions



Expert-driven, India-relevant

- Authored and peer-reviewed by leading gastroenterology experts
- Content tailored to Indian disease patterns and practice constraints



Strong hepato-pancreatico-biliary (HPB) focus

- Exhaustive coverage of ARLD, NASH, MASLD, pancreatitis, gall stone disease, cirrhosis, and HCC



Practical diagnostic confidence

- Imaging interpretation, abnormal LFT work-up, and endoscopy basics
- Guidance on identifying ideal patients for CT/MRI/FibroScan



Preventive & future-ready

- Comprehensive focus on lifestyle medicine, viral hepatitis prevention, gut microbiome fundamentals



Recognised certification

- Joint BMJ–AIIMS Rishikesh Certificate of Completion
- Awarded on achieving $\geq 70\%$ passing score

About the course



Course structure

- Course duration: Three-month | e-learning (self-paced)
- Total modules: 34
 - Text-based modules: 18
 - Video lectures: 16
- Online assessments included
- Blended learning variant offers on-site clinical observership at a national referral centre - AIIMS Rishikesh



Eligibility

MBBS degree from a recognised institution



Fees

E-learning only: ₹30,000 including taxes

E-learning + 2-day AIIMS Rishikesh observership: ₹45,000 including taxes



At the end of this course, you will be able to

- Confidently diagnose and manage common GI and liver disorders in OPD
- Identify red-flag symptoms and emergencies early
- Apply national and international guidelines in routine practice
- Interpret imaging and laboratory findings with clinical context
- Build long-term clinical and academic linkages with a tertiary centre



Curriculum

Comprehensive, practice-relevant curriculum



Unit 1: Gastrointestinal anatomy, physiology, and basic principles

- Introduction to gastroenterology.



Unit 2: Upper gastrointestinal disorders

- Assessment and management of swallowing difficulties.
- Pathophysiology of dyspepsia.
- Management of GERD overlapping with dyspepsia.
- Diagnosis and management of GERD in infants, children, and young people.
- Management of haematemesis and melaena.
- Upper GI bleeding: Acute assessment and treatment.
- Assessment and diagnosis of oesophageal and stomach carcinoma.



Unit 3: Lower gastrointestinal disorders

- Assessment of common lower gastrointestinal symptoms.
- Diagnosis and management of irritable bowel syndrome (IBS) in adults.
- Diagnosis and management of inflammatory bowel disease (IBD).
- Clinical approach to a person with coeliac disease.
- Haemorrhoids: Management in primary care.
- Acute diarrhoea: A guide to assessment and management.
- Diagnosis and management of Travellers' diarrhoea.
- Assessment and diagnosis of colon carcinoma.
- Clinical approach to a person with lower GI bleed.

Curriculum



Unit 4: Liver and pancreatico-biliary disorders

- Diagnosis and management of jaundice.
- Managing alcohol-related liver disease.
- Spectrum of NAFLD, NASH and MASLD.
- Drug-induced liver disease.
- Pregnancy-induced liver disease.
- Assessment and diagnosis of viral hepatitis.
- Other hepatic diseases (autoimmune diseases, Wilson's disease).
- Assessment and diagnosis of liver cirrhosis.
- Common biliary disorders.
- Common pancreatic diseases.
- Assessment and diagnosis of hepatocellular carcinoma.



Unit 5: Diagnostic tests in gastroenterology

- Investigating the asymptomatic patient with abnormal liver blood tests.
- Abdominal radiographs: A guide to interpretation.



Unit 6: Preventive practices in gastroenterology

- Preventive approaches for viral hepatitis.
- Preventive approaches for dyspepsia, MASLD, GB diseases.
- Preventive approaches for substance abuse.
- Pre, pro and synbiotics role in GI health.

Certificate

BMJ Group



Certificate

This is to certify that

Dr. _____

has successfully completed the **Certification Course in Gastroenterology Practices** jointly conducted by
BMJ & AIIMS Rishikesh from _____ 2026 to _____ 2026 and awarded the certificate on _____ 2026.

Kieran Walsh

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