



# Certification Course in Gastroenterology Practices

## For primary care physicians

Upskill for confident OPD decision-making in  
GI, liver, biliary, and pancreatic disorders

### Programme at a glance

- Three-month, flexible, self-paced e-learning course | 2 hours of study per week.
- 6 units | 34 modules
- Delivered through a blend of text-based learning and engaging video lessons
- Covers real-world presentations such as dysphagia, GI bleeding, jaundice, diarrhoea, and abnormal LFTs
- Includes a distinct emphasis on preventive aspects of gastroenterology
- Optional 2-day **observership at AIIMS Rishikesh**, including imaging and endoscopy exposure

# Course Directors

## Dr Rohit Gupta



Dr Rohit Gupta is professor of gastroenterology at AIIMS Rishikesh, India, with over 15 years of experience in clinical practice, teaching, and research. He has authored around 70 peer-reviewed publications. He completed his MBBS from AMU Aligarh, and MD and DM from PGIMER Chandigarh. His interests include MASLD, viral hepatitis, GI nutrition, and AI applications in gastroenterology and hepatology.

## Dr. Kieran Walsh



Dr Kieran Walsh is Clinical Director, BMJ Learning & BMJ Best Practice at BMJ Group. He is the clinical lead of the medical education and clinical decision support products at BMJ. He has a vast amount of experience in online medical education, clinical decision support, face-to-face delivery of medical education, and both summative and formative assessment.

## Academic Moderator

### Dr Ajeet Singh Bhadaria



Dr Ajeet Singh Bhadaria is additional professor, department of community and family medicine, AIIMS Rishikesh, and visiting professor at the University of South Wales (UK) and Osh State University, Kyrgyzstan. He has contributed to four WHO viral hepatitis guidelines and authored over 150 publications, including in The Lancet, and has played a key role in India's National Viral Hepatitis Control Program.

# Why take this course?



## Trusted academic collaboration

- Co-created by BMJ Group, publisher of *The BMJ* (since 1840)
- Academic leadership from AIIMS Rishikesh, one of India's premier national-standard tertiary and referral institutions



## Expert-driven, India-relevant

- Authored and peer-reviewed by leading gastroenterology experts
- Content tailored to Indian disease patterns and practice constraints



## Strong hepto-pancreatico-biliary (HPB) focus

- Exhaustive coverage of ARLD, NASH, MASLD, pancreatitis, gall stone disease, cirrhosis, and HCC



## Practical diagnostic confidence

- Imaging interpretation, abnormal LFT work-up, and endoscopy basics
- Guidance on identifying ideal patients for CT/MRI/FibroScan



## Preventive & future-ready

- Comprehensive focus on lifestyle medicine, viral hepatitis prevention, gut microbiome fundamentals



## Recognised certification

- Joint BMJ–AIIMS Rishikesh Certificate of Completion
- Awarded on achieving  $\geq 70\%$  passing score

# About the course



## Course structure

- Course duration: Three-month | e-learning (self-paced)
- Total modules: 34
  - Text-based modules: 18
  - Video lectures: 16
- Online assessments included
- Blended learning variant offers on-site clinical observership at a national referral centre - AIIMS Rishikesh



## Eligibility

MBBS degree from a recognised institution



## Fees

E-learning only: ₹30,000 including taxes

E-learning + 2-day AIIMS Rishikesh observership: ₹45,000 including taxes



## At the end of this course, you will be able to

- Confidently diagnose and manage common GI and liver disorders in OPD
- Identify red-flag symptoms and emergencies early
- Apply national and international guidelines in routine practice
- Interpret imaging and laboratory findings with clinical context
- Build long-term clinical and academic linkages with a tertiary centre



# Curriculum

Comprehensive, practice-relevant curriculum



## **Unit 1: Gastrointestinal anatomy, physiology, and basic principles**

- Introduction to gastroenterology.

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## **Unit 2: Upper gastrointestinal disorders**

- Assessment and management of swallowing difficulties.
- Pathophysiology of dyspepsia.
- Management of GERD overlapping with dyspepsia.
- Diagnosis and management of GERD in infants, children, and young people.
- Management of haematemesis and melaena.
- Upper GI bleeding: Acute assessment and treatment.
- Assessment and diagnosis of oesophageal and stomach carcinoma.

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## **Unit 3: Lower gastrointestinal disorders**

- Assessment of common lower gastrointestinal symptoms.
- Diagnosis and management of irritable bowel syndrome (IBS) in adults.
- Diagnosis and management of inflammatory bowel disease (IBD).
- Clinical approach to a person with coeliac disease.
- Haemorrhoids: Management in primary care.
- Acute diarrhoea: A guide to assessment and management.
- Diagnosis and management of Travellers' diarrhoea.
- Assessment and diagnosis of colon carcinoma.
- Clinical approach to a person with lower GI bleed.

# Curriculum



## Unit 4: Liver and pancreatico-biliary disorders

- Diagnosis and management of jaundice.
- Managing alcohol-related liver disease.
- Spectrum of NAFLD, NASH and MASLD.
- Drug-induced liver disease.
- Pregnancy-induced liver disease.
- Assessment and diagnosis of viral hepatitis.
- Other hepatic diseases (autoimmune diseases, Wilson's disease).
- Assessment and diagnosis of liver cirrhosis.
- Common biliary disorders.
- Common pancreatic diseases.
- Assessment and diagnosis of hepatocellular carcinoma.



## Unit 5: Diagnostic tests in gastroenterology

- Investigating the asymptomatic patient with abnormal liver blood tests.
- Abdominal radiographs: A guide to interpretation.



## Unit 6: Preventive practices in gastroenterology

- Preventive approaches for viral hepatitis.
- Preventive approaches for dyspepsia, MASLD, GB diseases.
- Preventive approaches for substance abuse.
- Pre, pro and synbiotics role in GI health.

# Certificate

**BMJ** Group



## *Certificate*

This is to certify that

Dr. \_\_\_\_\_

has successfully completed the **Certification Course in Gastroenterology Practices** jointly conducted by **BMJ & AIIMS Rishikesh** from \_\_\_\_\_ 2026 to \_\_\_\_\_ 2026 and awarded the certificate on \_\_\_\_\_ 2026.

*Kieran Walsh*

**Dr. Kieran Walsh**  
Course Director  
London

**Dr. Rohit Gupta**  
Course Director  
India

**BMJ** Group

IT TOWER. 3rd Floor, Plot No. FC-24, Sector-16 A, Filmcity, Noida, U.P 201301  
102, Navkar Chamber, A wing, Marol, Andheri - Kurla Road, Andheri (East) Mumbai - 400059

For more information, please write to us at [education.india@bmj.com](mailto:education.india@bmj.com) or you can call us at 91-120-4345733, +919650052070 (09:30 AM - 05:00 PM, Monday to Friday).

**Head Office:** BMJ, BMA House, Tavistock Square, London WC1H 9JR, United Kingdom.